

Rafting the Ottawa River



OWL RAFTING
ON THE OTTAWA RIVER



Canadian Canoe Route

All OWL's programs are apart of the CCR.
www.thecanadiancanoeroute.ca

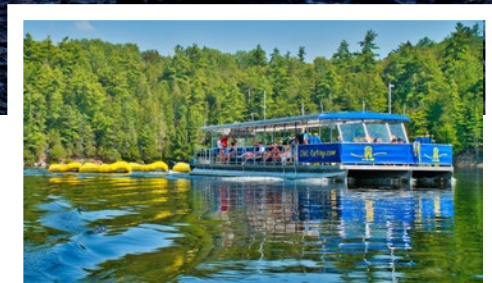
50+ Years of Rafting Experience

Authentic Canadian Experience

6 Hours of River Adventure

Just an hour northwest of Ottawa, the Ottawa River carves its way through the ancient, rugged landscape of the Canadian Shield.

OWL Rafting's family-owned resort is rooted in sustainable tourism, offering cozy accommodations, fresh local homecooked food, and a chance to disconnect from screens and reconnect with yourself. Whether you're seeking heart-pounding adventure, time in nature, or a wellness-oriented retreat, OWL delivers a uniquely Canadian escape. Ideal for first timers and seasoned water enthusiasts alike, it's whitewater rafting that nourishes the body, mind, and soul.



Meals: Famous for our locally-sourced cuisine. Options for vegetarian and gluten-free.



Our lakeside resort is the hub and starting point of all of our activities. The beachfront offers kayaks, canoes, pedal boats and SUPs.

Choose the relaxed Soft Adventure or a more active Medium Adventure, guided by our passionate team. Every trip ends on our signature Pontoon Boat—unwind with a grilled meal as you cruise back to OWL's sandy beach.

Day Trips



Low Intensity Soft Adventure Rafting & Meal Cruise

Experience the great Canadian river trip – a full day introduction to whitewater enjoying the natural roller coaster where you paddle as a team.

No experience necessary.



Capacity
46 per trip, 1 trip daily



Weight Requirements
50 lbs / 23 kgs



Duration
8 hours



Meals
BBQ Lunch

GROUP FIT SIT FLY-DRIVE



Medium Intensity Adventure Rafting & Meal Cruise

Level up the intensity by paddling down bigger sections of whitewater. Enjoy body surfing and cliff jumping in the warm Ottawa River.

No experience necessary.



Capacity
92 per trip, 2 trips daily



Weight Requirements
90 lbs / 41 kgs



Duration
8 hours



Meals
BBQ Lunch

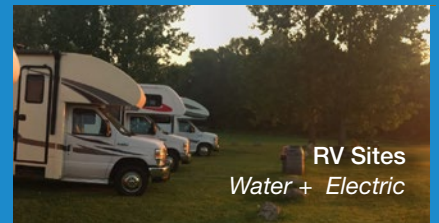
GROUP FIT SIT FLY-DRIVE

Overnight Packages

Our all-inclusive overnight packages let you choose from a range of unique accommodations.



Ensuite Cabaña
2 - 4 person



RV Sites
Water + Electric



Glamping Tent
2 person



Cabins
4 - 6 person



Part of:

**Ontario's
Water Trail**

40 OWL Lane, Foresters Falls,
Ontario, K0J 1V0

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